



PACT Social Group

Guest Talk - Jo Rickword - Kent Young Carers - - Support and advice for Siblings

Jo Rickword from Kent Young Carers will be joining us to talk about the work and services of Kent Young Carers and the help and support available for Siblings. Kent Young Carers supports children age 5-18 who have a caring responsibility for a family member and also run's monthly 'Chill Clubs' that give Young Carers a chance to play and do activities such as games and crafts to build on their self-esteem, have respite from their caring role and have fun. They also offer 1:1 as well as regular school support groups.

PACT talks are free, however, PLEASE BOOK TO CONFIRM AS SPACES ARE LIMITED.

When: Wednesday 18th May

10.00 a.m. for 10.15 a.m. start. Finish Time 11.30 a.m. Tea/coffee and refreshments available from the coffee lounge from 10.00 a.m.

Where: Upper Lounge, St Peter and Paul's Tonbridge Parish Church, Church Lane, TN9 1HD, (Please do not use the Parish Car Park) Parking available in Castle Street car park

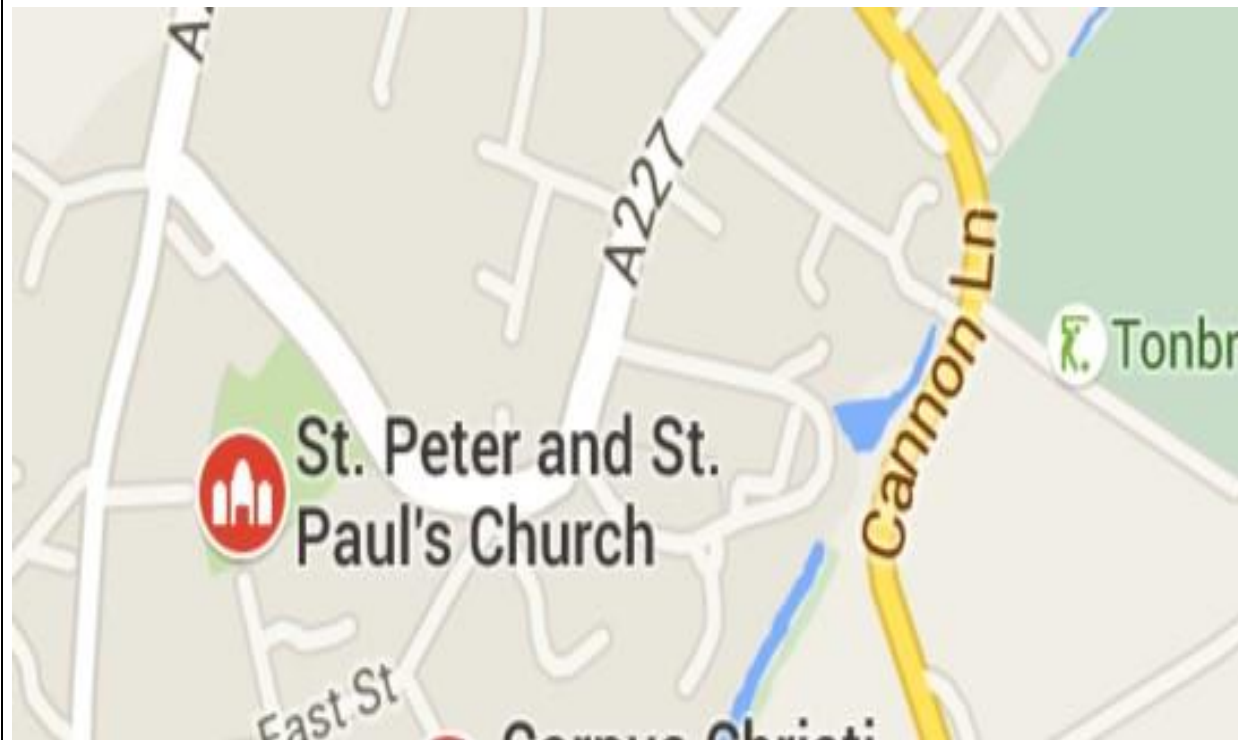
RSVP: With the reply slip below to: - Helen.mestre@btinternet.com (Social Secretary PACT), secretary@pact-cagegreen.co.uk To Confirm Your place


KENT YOUNG CARERS TALK REPLY SLIP

NAME:

CONTACT NUMBER/EMAIL:

I WOULD LIKE A PLACE ON THE KENT YOUNG CARERS GUEST TALK ON WEDNESDAY 18th MAY FROM 10.15 A.M. TO 11.30 A.M.



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